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**Therapeutic Behavioral Services Functional Behavioral Assessment**

**Document Date:**

**Author’s name:**

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| **Client Information** |

1. Client full name:
2. Date of Birth:
3. Date of entry:
4. Client’s preferred language:
5. Referent information:
   1. Name:
   2. Contact info:
6. Client Current living situation:
   1. Address:
   2. Who lives with the client:
   3. Primary caregiver name and relationship type:
   4. Primary caregiver contact (phone and email):
   5. Primary caregiver preferred language:
   6. Are translation services needed:

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| **Presenting Behavioral Information** *(use client and family language as much as possible)* |

1. Contextual Information (include how the client and family identify their culture and personal identity, key relationships, treatment history, and/or any significant life events):

*This section should always include basic identifying information (culture, age, gender identity, religious affiliation, and/or any other relevant information) and the key relationships in the youth and families life. It may include treatment history, trauma, or significant life events if relevant to understanding the context of the behavior.*

*For example: “Jason is a 13 year old boy who lives with both his parents, his sister, and his paternal grandparents. All family members are Spanish speaking and all but his grandparents speak English fluently as well. The family is Latino and are very proud of their Guatemalan roots and are very connected to a larger Latino community in their neighborhood. They are members of Saint Anthony’s Catholic Church and identify it as a major source of support. Jason has been in individual therapy for the past 14 months, but has not received additional services to date. The family is considering beginning family therapy as well and is in conversation with Jason’s individual therapist about this decision. Jason’s father has received treatment for substance use (alcohol) and has been in recovery for nearly 2 years.*

1. Reason for Referral:

*Provide 1-2 sentences about the reason for referral. For example: “Jason was referred to TBS by his individual therapist due to the reports of increasingly aggressive outbursts in the family home. His parents are worried that he may hurt himself or someone else during these episodes and struggle to intervene.”*

1. Define the Specific Target Behavior: *Provide a definition of the behavior that TBS will focus on that is objective, clear, and complete. This should match the definition given on the behavioral intervention plan. For example: “When frustrated or overwhelmed, Jason will engage in physical or verbal aggression, which may include cursing, threatening, hitting, kicking, or throwing objects at others.”*
2. Current Behavioral Baseline (measurable): *Provide a measurable baseline that was taken at the beginning of services. For example: “Jason engages in physical or verbal aggression, which may include cursing, threatening, hitting, kicking, or throwing objects at others 9 times per week and each episode lasts 40 minutes on average.”*
3. Functional Hypothesis (including triggers/antecedents and key drivers): *Summarize the results of any tools used to understand the underlying drivers to the behavior (why wheel, chain analysis, escalation curve, etc.). For example: “The TBS Team identified that the common trigger to Jason’s aggressive episodes are feelings of overwhelm or frustration. These most often come up when a limit is set, when plans change unexpectedly, or in during transitions between activities. The current hypothesis is that Jason experienced a great deal of unpredictability when his father was drinking alcohol and he now finds any changes to the schedule, limit setting, or changing activities to be very overwhelming and frustrating. Jason currently lacks the skills to verbalize or process these emotions, so feelings are expressed through physical or verbal aggression.*
4. Client Strengths: *Provide a description of client strengths, including individual, family, and community strengths as well as supportive factors that reduce engagement in risk behaviors. For example: Jason has a strong desire for connection and wants to be close with his family, especially his mother. He is motivated to engage in services and wants both to understand himself and to be understood by his family. Jason looks up to his next door neighbor (16 year old boy) who he plays basketball with on weekends and will be on the TBS team. Jason’s family has a great deal of support from neighbors, extended family, and church members, many of whom have also agreed to be part of the TBS Team.. His parents are concerned about his behavior and are cautiously open to trying new interventions.*